

Shalom and Welcome to Camp Galil!!

We're all looking forward to the beginning of summer and camp! This is your camp information handbook for the 2008 summer sessions. It contains details that you will want to know before arriving at camp. We've attempted to anticipate many of your questions, but if you have any further questions, please do not hesitate to call Abbey Krain Sasson, our registrar, at (484) 684-6532.

This summer we are excited to have an excellent staff from all over North America, Mexico, South Africa, England and Israel - and of course, a great group of campers. We are glad you chose Galil and wish you and your family a fabulous summer.

L'hitraot bamachaneh! See you at camp!

<i>Jacki Silbermann</i>	<i>Steve Shore & Alan Greenberg</i>	<i>Bart Davis</i>	<i>Sharon Waimberg</i>	<i>Adi Inbar</i>
<i>Rosh Galil 2008</i>	<i>Camp Committee Chairs</i>	<i>Associate Director</i>	<i>Executive Director</i>	<i>Shlichah</i>

IMPORTANT CAMP GALIL TELEPHONE NUMBERS

Bart Davis - Associate Director	(610) 847-8330
Sharon Waimberg – Executive Director	(610) 847-2213
Adi Inbar –Shlichah	(610) 847-2001
Mirpa'ah (Infirmary)	(610) 847-8332

2008 CAMP CALENDAR - ARRIVAL AND PICK-UP INFORMATION

To ensure the safety of our campers and the preservation of our grounds, vehicles will NOT be allowed to drive past the parking lot and into camp for arrival and pick-up of campers. Staff will assist you in loading your camper's luggage onto trucks, which will then be periodically brought to the cabins.

Please take note of the requested arrival time for your camper. Arrival times are organized by your child's current grade. Families with more than one camper are encouraged to arrive at the earliest appropriate arrival time. Lunch will be served at 1:30 pm to all campers; please be sure that your child is settled in by then.

Thank you very much in advance for your cooperation. We look forward to another successful opening day!

Session	Opening Date	Arrival Time	Closing Date	Pick-Up Time
JULY	Sunday June 22	Grades 8-9: 9:30 – 10:30 Grades 3-5: 10:45 – 11:45 Grades 6-7: 12:00 – 1:00	Sunday July 20	11:00 – 1:00
AUGUST	Tuesday July 22	4:00 - 6:00	Tuesday August 12	3:00 – 5:00
2 WEEKS	Sunday June 22	10:45 – 11:45	Sunday July 6	11:00 – 12:30
FULL SUMMER	Sunday June 22	Grades 8-9: 9:30 – 10:30 Grades 3-5: 10:45 – 11:45 Grades 6-7: 12:00 – 1:00	Tuesday August 12	3:00 - 5:00

VISITORS' DAY

Visitors' Day 2008 is Sunday, July 13 for campers staying for the 4 or 7-week sessions. Additional information will be sent out prior to visitors' day.

**THERE WILL BE NO VISITING DAY DURING THE 2 WEEK SESSION
OR THE AUGUST SESSION**

Please refrain from visiting camp except on visiting day, as it can be disruptive to our program.

The Story of Habonim Dror Camping

Camp Galil is one of seven Habonim Dror camps in North America. Habonim Dror is an international Labor Zionist youth movement that began in Europe over 75 years ago. Today it serves youth in nineteen countries throughout the world. The movement has played an integral part in the history of Israel and the Jewish people. In the 40's and the 50's young Jews from Habonim settled many of the kibbutzim and helped the growth and development of the Jewish state. Members of Habonim Dror North America have helped found several kibbutzim; Urim, Kfar Blum, Gesher Haziv, Grofit, Gezer, and Ravid. Currently graduates of Habonim Dror are living in new urban kibbutzim throughout Israel!

Today, Habonim Dror continues to teach the values of Labor Zionism - Zionism and Judaism, cooperation, socialism and shared labor, chalutzit (pioneering), and social justice. Throughout the year, in places across the world, including Philadelphia, New York and New Jersey, the movement holds activities for Jewish youth in its kenim (local chapters). In addition, Habonim Dror sponsors programs in Israel for its older members, including a summer program after 10th grade called M.B.I., a one year Israel experience for those who have graduated high school called Workshop, and a study abroad program at Haifa University called Habo U.

This is Galil's 62nd year of existence. For 62 years *we have lived according to the values of Habonim Dror*. Here, we are able to establish a society based on cooperation, equality and activism. We try to simulate the classic kibbutz experience. While having fun, we learn about Israel, Judaism and social justice.

GALIL'S EDUCATIONAL PROGRAM

At *Machaneh* (Camp) *Galil*, we aim to teach our *chanichim* (campers) values and ideas that are not only central to their lives within Habonim Dror, but also as young Jews in North America. Therefore, an important component of the summer is the *tochnit chinuch* (educational program). While encompassing a broad range of issues, the summer's *tochnit* focuses on a few main concepts, such as Zionism, Jewish identity, social responsibility and collectivism.

Using the *tochnit* as a guide, essentially an outline for the summer program, the *tenet* (staff) constructs and leads activities and discussions as methods to informally educate our *chanichim* about important concepts that are not typically a part of their school education, yet significant nonetheless. Additionally, we strive to create a certain type of community at *machaneh*, and therefore a large part of the educational process during the summer is experiential learning. We try to have *chanichim* use what they learn, such as working as a group and examining issues from a variety of angles, in their daily lives at *machaneh* in the hope that they will continue to consider these topics beyond their summer at Galil.

Most of all, however, we want our *chanichim* to have fun. As a *tzevet*, we work hard to create an enjoyable atmosphere at *machaneh* that we love coming back to just as much as your children do. We're looking forward to another great summer, and hope you are too! See you soon!!

Ben Profeta
Merakez Chinuch Galil, 2008

Jacki Silbermann
Rosh Machaneh Galil, 2008

THE SWIMMING PROGRAM

In keeping with Galil's aim to develop its campers' physical and mental health and vitality, instructional swim is offered at all levels, and is a necessary part of campers' ordinary schedule *through sayarim/sayarot*. A Certified Lifeguard supervises our swim program. The primary goal of the program is to help all campers improve their levels of expertise. **Please speak to your camper about your expectations for advancement in swimming over the summer.**

THE GALIL SYSTEM OF COOPERATION

SHITUF

The ideal of “Shituf” (cooperation) is a system at camp by which we ensure a sense of community and an atmosphere of caring, trust and respect. It is one of the most important elements in the educational program at Camp Galil. “Shituf” comes from our belief that the traditional kibbutz lifestyle teaches important values as a social and economic system. The slogan “give what you can, take what you need” is often employed in order to make the ideal more easily understood.

KUPA

A large component of “Shituf” at camp is “Kupa.” At camp, “Kupa” (lit. cashbox) has come to mean a “cooperative fund.” At the beginning of camp, the chanichim (campers) decide as a community how best to use those funds to serve the individuals as well as the whole group. Through this process, the chanichim learn about democracy, teamwork, compromise and other important social values. Children begin to see the world not just through their own eyes but also through the eyes of those in the community around them.

HOW IT WORKS

“Shituf” is used in a variety of ways. Packages brought on visiting day for campers are shared among chanichim. ***We discourage sending food in packages to campers through the mail. Please note that all food brought from home must be kosher and peanut-free. All packages will be opened and food that is not acceptable will be confiscated.*** Financially the “Kupa” covers parties, trips, extra toiletries and special events. Please remember, that Kupa is voluntary. The principal of “Shituf” is that people should give what they feel they are able to contribute.

Because of all of the above, chanichim at Galil have no need for money. We do not have a canteen, and we ask that you **please do not send money to camp with your campers!** “Shituf” is our substitute for this, avoiding inequality and unfairness.

PREPARING YOUR CHILD FOR CAMP

Almost every child who goes to summer camp experiences homesickness in one way or another. While it does happen in older children, it most often occurs in younger children. In an effort to help you prepare your child for their experience away from home, we have gathered information from various sources that we hope will be helpful. We strongly urge all parents of new campers to use the following information and seek other information to help your children have a positive first experience at Camp Galil.

Within a couple of weeks many first time parents receive a tear-stained letter, in choked-up handwriting stating something like "I'm miserable. Everyone at camp hates me. I wanna go home!" Although not all children are homesick the first time they're away from their families for more than a few days, it is a very natural and common occurrence for many. Homesickness is a normal, predictable response to a frightening situation - a transition from family as primary group. Separation from one's family and friends and loss of daily contact with familiar surroundings are aspects of relationships that each of us experience, learn how to handle, and integrate as part of becoming older and wiser. Seen in this light, homesickness is a necessary and growth-producing process - a minor crisis with a built-in sense of opportunity. It is a dynamic process of adjustment rather than a static, one-time problem.

Psychologists tell us that parents can play a big role in helping their children overcome homesickness. The following are specific steps that we have found that can be taken to help prepare your child for coming to overnight camp:

- ◆ Practice shorter separations to learn which coping methods work for your child. Try sleep-overs at a grandparent's house. This is a great way to separate while maintaining a familiar environment.
- ◆ Take your child to see Camp Galil at the Open House in May. Cautious children especially need to know what their bunk looks like, where they will sleep and put their clothes, and who else will be in the bunk. They also need to know what a daily schedule is like.
- ◆ Before your child comes to camp reassure him/her that s/he can succeed and have a wonderful experience.
- ◆ NEVER discuss how much you will miss him/her.
- ◆ Let him/her know it will be an adjustment for the whole family, but a worthwhile experience and part of growing up.
- ◆ Talk to your child about what homesickness might feel like and be sure to explain that it goes away. Assure them that they are not alone in having these concerns.
- ◆ Children fear that they will be teased, humiliated or put down by people they don't know, or that they'll be lonely. Talk to your child about the successes s/he has had in other new situations like going to a new school. Remind him/her of the counselor's role as big brother/sister and surrogate parent. S/he will always have an ally.
- ◆ Write and send letters before camp begins so your child will have them when they arrive but DON'T talk about fun things that s/he will miss. Send reassuring, supportive letters throughout the summer.
- ◆ Send your child to overnight camp only when he or she is ready, not when cousins or friends are ready. THERE IS NO RIGHT AGE.
- ◆ If your child sends letters saying "I hate camp. I cried last night. I can't sleep at night," DON'T PANIC. Feel free to contact Bart Davis, our Associate Director, with any concerns you may have.

By following these guidelines, and filling out the parent questionnaire completely you can help your child get off to a good start. If you would like to talk to Bart about your child before camp starts, please indicate this on the parent questionnaire and he will call you.

CONTACTING CAMP GALIL AND YOUR CAMPER

PHONE CALLS

The most successful camping experiences occur when a child is fully immersed in the camp setting. Therefore, campers are not permitted to make phone calls home. More often than not, a phone call home can be an upsetting and frustrating experience rather than a happy event. Parents and relatives should not expect phone calls from campers, even for birthdays or anniversaries. **Please discuss this with your child so that he/she understands the reason. Additionally, campers are NOT PERMITTED CELL PHONES. Your child may ask to bring his/her personal cell phone to camp. Please be firm. Any cell phones found in camp will be confiscated and returned to the parents upon leaving camp.** Cases of emergency, of course, will be handled individually. As always, parents should feel free to call about any problem or situation. Bart Davis, our Associate Director, will be more than happy to discuss any concern that you may have.

• Associate Director/Parent Liaison	Bart Davis	(610) 847-8330
• Executive Director	Sharon Waimberg	(610) 847-2213
• Shlichah	Adi Inbar	(610) 847-2001
• Mirpa'ah (Infirmary)	Nursing staff	(610) 847-8332

MAIL

We encourage campers to write home often. Sometimes campers will write to friends or relatives rather than parents. There is little reason for anxiety if you do not receive an expected letter. You might find it worthwhile to include a number of stamped home addressed envelopes and/or postcards along with the campers' belongings. **PARENTS: there is nothing sadder than a camper who does not receive mail while their friends and bunk mates do.** No matter how busy you are, or what the situation at home is, please find time to write. Please note: Mail is distributed every day except Shabbat and special days.

Address your mail as follows according to the age group names below:

CAMPER'S NAME - AGE GROUP
CAMP GALIL
146 RED HILL ROAD
OTTSVILLE, PA 18942

Please note: **group names are based on the grade your child has just completed.**

3 rd /4 th grade - Amelim (laborers/workers)	7 th grade - Tzofim (scouts)
5 th grade - Chotrim (rowers)	8 th grade - Bonim (builders)
6 th grade - Sayarim (patrollers)	9 th grade - Bogrim (graduates)

E-MAIL TO CAMPERS via Bunk1.com

Many families have found that being able to send email to their campers is a wonderful way to communicate. We will again use the services of Bunk1.com, a unique summer camping service which specializes in bringing camp to parents via the internet. **Please remember that email is printed early each morning and delivered once a day with regular mail, and that it is, by its nature, not private.** Refer to the information about these services in the attached separate letter.

PACKING LIST

For your convenience, Camp Galil T-shirts and sweatshirts are sold on the day of registration by representatives of the Chuck Albert Scholarship Fund, which provides scholarships to Galil campers.

Commercial laundry service will be provided once a week. Simple, inexpensive clothing is best suited for camp. Expensive clothing, clothing prone to shrinkage, delicate clothing, and clothing that has never been washed should not be given to the commercial service. Every camper should have a sufficient supply of clothing to last at least 10 days to 2 weeks. **EVERY ARTICLE OF CLOTHING AND LINEN MUST BE CLEARLY LABELED WITH THE CAMPER'S NAME. INDELIBLE PEN OR NAMETAGS SHOULD BE USED! PLEASE USE THE FULL NAME OF THE CAMPER – NOT JUST INITIALS.**

Each camper should have a footlocker type camp trunk.

The items listed on our clothing list are suggested on the basis of past experience. Intelligent substitutions may be made.

LINENS

2-3 sheets (single or cot size)	1 large laundry bag	2-3 wash cloths
2 pillow cases	1-2 blankets	1 pillow
5-6 towels		

WEARING APPAREL

10-12 sets of underwear	2-3 swim suits	4 pair of jeans or long pants
2 pair of pajamas	2-3 outfits for Shabbat	6-8 pair of shorts
10-12 pairs of socks	2-3 sweatshirts	10-12 T-shirts or blouses
1 pair of sandals	1-2 hats with visor	2-3 long sleeve shirts
1 pair of sneakers	1 pair of bathing shoes	1 rain garment
1 pair of hiking shoes	1 light jacket or sweater	2 Camp Galil T-shirts (optional)

MISCELLANEOUS - ALL CAMPERS

soap and plastic soap container	flashlight w/extra batteries	bandana	clip-on fan
shampoo (no glass containers)	brush/comb	1 qt. water bottle	
toothbrush and toothpaste	summer weight sleeping bag	sunscreen	
stationery & stamps and/or postcards	pens and pencils	personal toiletries	
container for toiletries	daypack	feminine hygiene necessities	

OPTIONAL

camera and film	books	U.V. protection sun glasses
baseball glove	games	safety pins
musical instruments	swimming goggles	costumes, crazy hats
extra pair of glasses or contacts		



Camp Galil assumes no responsibility for any articles of clothing that may become lost, as well as for the loss of trading cards, CDs, and other personal items. Personal music devices, electronic games, tvs, DVD players, cell phones, any type of computer, pocket knives, toy weapons, and skate boards are not permitted at Galil, and will be confiscated.

POLICY ON DRUGS, ALCOHOL AND CIGARETTES

Drugs, alcoholic beverages and cigarettes are totally prohibited at Camp Galil, in accordance with policies adopted by the youth leadership of Habonim Dror.

Any camper found with drugs, alcohol, or cigarettes will be sent home at once. In addition to being illegal, these substances are unhealthy and divisive. They are antithetical to everything we believe in for Habonim Dror and Galil. Once children arrive at camp, it is impossible for the camp administration or counselor staff to monitor each child's belongings and personal items. The best way to ensure that we are a wholesome and substance-free environment is to solicit parental help and involvement. So we implore all parents to take whatever steps necessary to ensure that your child brings to camp only what is permissible.

We offer our campers an enormous array of activities and programs that help them grow and learn in many positive ways. The inclusion of drugs, alcohol and cigarettes would sabotage the total healthy camp experience for any child that is involved. Therefore, parental assistance in eliminating them as a possibility is very important.

PLEASE NOTE:

Any child expelled for drug, alcohol or cigarette related activity, will not be granted a financial refund.

THERE WILL BE NO APPEAL OF THIS POLICY

CAMP CLEANLINESS AND SANITATION

Every morning except Shabbat (Saturday), our campers have avodah (work). Different crews clean up and beautify machaneh (camp.) Later in the day, campers have nikayon tzrif (bunk cleaning). This is the official time when campers and staff clean their bunks. Either the infirmary staff or the mazkirut (camp directors) do daily inspections of the tzrifim (bunks) for cleanliness (except on Shabbat and some special days.) ***Please speak with your children extensively before machaneh about cleanliness and tell them that you expect them to help keep their tzrif clean.*** This is one of the best methods we have for preventing the spread of sickness through camp.

GRAFFITI

Personal expression is an important part of the Camp Galil tochnit (program). Chanichim (campers) have many outlets available to them throughout the summer for self-expression. **However, unauthorized graffiti in and on Camp Galil buildings and grounds will not be tolerated.**

There is **NO** graffiti allowed on the outside of any buildings, on bathroom walls or fixtures, or in common areas (dining hall and pavilion). Any graffiti found will be immediately removed by the vandal under direction of camp maintenance staff. The cost for the removal of such graffiti will be passed on to the family of the perpetrator. In addition, offenders will be dealt with in accordance with Camp Galil discipline procedure. Repeat offenders may be sent home.

HEALTH AND MEDICAL

At Camp Galil we take the health of your child very seriously. The camp infirmary (mirpa'ah) is staffed 24 hours each day. On opening day of each session, be sure to meet the nurse and pick up our "Healthcare Handbook for Parents/Guardians." It explains how the infirmary operates at camp, what happens if your child gets sick and/or needs to see a doctor, and describes all health and medical policies relevant to parents/guardians. Below are some brief things you should know ***before*** camp begins:

Medical Forms. Before campers can be registered for camp we must have a completed medical form **signed by both the camper's physician and parent/guardian.** Please be sure to answer all questions. All forms must be received in our registration office by June 1st in order for us to be prepared for your child's arrival. No child will be permitted to stay at camp without a totally completed medical form on file.

In addition to entering the camper's medical insurance information on the health form, **please send us photocopies of the camper's medical insurance and prescription card.** In the unlikely event that your child needs a prescription, or is taken to the hospital, these documents will greatly facilitate treatment.

Patient care and treatment at camp depends largely on the ability of our medical personnel to know the health history of a camper. It is in your children's best interest that we know them as well as possible. Having up-to-date fully completed health forms is of the utmost importance. Please add any additional information to the medical form or write a separate note. Many times parents/guardians and even physicians will forget to write down an allergy, contraindication to a particular medicine, or specific need, treatment or restriction of a camper. For example, if your child frequently gets sinus infections, coughs or seasonal allergies, we must know this. If your child does not respond well to Acetaminophen (Tylenol) but does respond well to Ibuprofen (Advil/Motrin), let us know.

What if my child is sick on opening day? The best way to keep Camp Galil and its campers healthy is to prevent disease from coming in. **Please do not bring your child to camp on opening day if he/she is sick!** If your child has a cough, cold, rash, fever, lice, conjunctivitis/pink eye or any throat problem in the days before camp begins, please contact us! On arrival at camp, all campers will undergo a health screening. If the infirmary staff determines a camper to have a contagious ailment such as lice, they will be sent home until such time as they are no longer contagious.

All medication. Please indicate on the medical form if your child will be taking medication while at camp on a regular basis. All medications, including over-the-counter and vitamins, must be turned over to the nurse upon arrival at camp. This includes all creams, inhalers, syrups and pills. All medication should be fully labeled with: your child's full name; prescribed dosage; name of medication; and medical condition for which medication is being taken. No prescription medication will be dispensed in any way other than as ordered by the doctor – either on the prescription bottle, on the medical form or in a separate letter from the doctor. If it is necessary to have a prescription for your child either filled or refilled you will be billed our actual cost.

Regular medication. Medication is dispensed 4 times each day. Often campers do not come to take their medication. We then must spend much time seeking them out. Please ***try to reinforce the importance of remembering to take daily medication to your children*** before the start of machaneh. You will be contacted if compliance with taking medication becomes an issue.

Allergies. If you know that your child has allergies please be sure to send proper medication. If your child is to have allergy injections by a physician you will be billed for the office visit. Please be sure your doctor sends a schedule, including dosage, as well as instructions in case of reaction.

Bug Spray, Deodorant, Medication, etc. No medication or chemically controlled substance may be kept with any camper in their tzrif (cabin). This policy is non-negotiable and violation of it by a camper will result in immediate dismissal from camp at the recommendation of the infirmary staff along with the associate director. Spray cans/aerosols of any kind (deodorant, bug spray, air freshener, etc.) are NOT permitted in the bunk.

Visit to a doctor/hospital. If it is necessary to take your child to an outside medical facility he/she will be sent to a doctor, specialist or the Doylestown Hospital Emergency Department within 24 hours. We will make a reasonable effort to contact you (the parents/guardians) before we take your child to any outside medical office. However, sometimes the situation is such that a camper must be sent to the doctor's office within a few hours of being seen by our infirmary staff, and contacting the parents/guardians beforehand is difficult.

The infirmary staff will make all efforts to make the arrangements for such visits; however parents/guardians are always expected to make payment arrangements. You are responsible for the costs of any visit to the doctor or hospital. We will share the medical insurance information provided to us on your medical form with the doctor or hospital, as needed.

Communication. The infirmary strives to keep parents/guardians well informed of their child's ailments. Whenever your child needs to see a doctor or go to any outside medical facility, you will be called. We also call parents/guardians if a camper has a high-grade fever, needs to stay in the infirmary overnight, has incurred serious trauma or of course needs to go to the emergency room. However, ***parents/guardians should not expect to be notified about every ailment and/or complaint their child brings to the infirmary.*** Should a camper remain sick, need to stay over in the infirmary, develop a fever, or need to see a doctor, we will of course call you.

The infirmary can be contacted directly at (610) 847-8332 for all inquiries. When trying to contact us in the infirmary, please be patient. ***There are many times during the day when we cannot pick up the phone line.*** If we are not immediately available to talk, it is because we are in the middle of taking care of your children, and we will return messages as soon as possible.

An Explanation of Mas

Mas, which means fee, dues, or tax in Hebrew is the annual membership paid by each person participating in Habonim Dror North America. The amount of *mas* is \$115, and it is collected by each of our seven *machanot* (camps) at the same time that they collect their tuition for the summer. The money is forwarded directly to the Habonim Dror Central Office, and is their primary funding source.

The central office uses these funds to provide many seminars for the older members of the movement at highly subsidized rates. These seminars give valuable training and information to the staff that works at each summer camp, as well as those that plan activities throughout the year. Because we have camps throughout North America, there is a high level of coordination necessary between the seven camps, and our national office facilitates that contact between the camps. The central office aids all of our Rashei Machanot (Camp Directors) in finding staff for each summer and helps them to develop their educational programs.

If you do have any further questions please feel free to contact the Mazkirut Artzit (National Secretariat) in their office at (212) 255-1796. www.habonimdror.org

TIPPING POLICY

At Galil, our counselors are almost always graduates of Habonim Dror leadership training. Most of them were campers at Galil when they were younger. All of them understand the philosophy of Shituf and sharing that permeates everything we want to do, and what we want children to learn.

Counselors do not work at Galil primarily for the financial compensation. They are interested in returning to the camp some of the positive growth experiences that they enjoyed as campers. They work extremely hard and diligently for more than eight weeks to provide rewarding experiences for their campers.

In the interest of encouraging equality and fairness, we do not encourage “tipping” of individual counselors. If you wish to acknowledge a counselor’s good work, you may make a contribution to the counselors’ Kupah or make a contribution in his or her name to the Camp Galil Scholarship Fund.

DUE DATES FOR BILLS

All bills **must** be paid by the due date. Camp Galil is a non-profit organization. If bills are not paid by the date due, your child will not be permitted to attend camp. Our rates are low and we cannot afford to operate without enforcing this policy. A 1.5% per month penalty may be assessed on bills not paid by the due date.

LEAVING MACHANEH

Once camp has begun, campers are generally not permitted to leave the camp grounds for any reason. This policy is based on the knowledge that the most successful camp experiences occur when the child is able to fully focus on his/her in-camp life. Leaving camp during a session can have a most disruptive influence on his/her experience as well as that of fellow campers. In this regard, parents should schedule all doctor, dentist, or other appointments either before or after the camper's session. Contact Abbey Krain Sasson, Camp Galil Registrar, before camp begins if you need assistance in making these arrangements.

***TZRIF* (Bunk) ASSIGNMENT REQUESTS**

At Galil, campers of the same grade almost always live in the same tzrif as others of that grade. The Registration staff at Camp Galil is not permitted to make exceptions to this rule. Also, despite the fact that requests to live on the same side of a tzrif are usually honored for new campers, the same request may not be honored for former campers. For purposes of overall group cohesion, the counselor may deem it more appropriate for certain campers to be placed on separate sides of the same bunk. Should this be the case when your child arrives at camp, it would be most helpful for parents to remind their child that there is ample time to spend with all bunkmates. It is our experience that children whose group gets along well will have a positive camp experience, and will want to return to camp the next summer.

BAR & BAT MITZVAH REVIEW

We can arrange for your child to *review* his or her Bar/Bat Mitzvah lessons while at camp. Our staff will assist and encourage your child to review his/her work. Please note, however, that our staff may not be trained Bar/Bat Mitzvah tutors. Please send your child's written and audio materials to camp with him/her. It is a good idea to notify the Registrar no later than June 1 that you wish your child to do this review while at camp so that appropriate staffing assignments can be made.

BETWEEN SUMMERS

Although the summer camping program is the most dramatic and intense activity sponsored by the Habonim Dror youth movement, it is by no means the only one. Galil youth group educational and recreational activities are organized through the school year. Campers are invited to these *Eizor* (regional) programs either all at once or within their own age group (shichvah). The Habonim Dror goal is to maximize the opportunities for contact with friends, while offering fun, and stimulating activities. In between organized Habonim Dror activities, the email and telephone contact among campmates continues. Integrated into the exchange of news and views are the informal Jewish and Zionist educational values and attitudes developed at camp – sharing, community and a commitment to social justice.

In order to best facilitate the *Eizor* activities during the year we need assistance from parents. Driving your children or offering your house for an activity, are all essential pieces to the continued success of our year round programming. Please be in touch with our *Shlichah* about how you can help.

There are also opportunities for parents to become involved in Camp Galil activities. Any parents interested in working on our fund-raising committee, or on a family work-day committee, should contact our Registrar for more information.

INVITATION TO GALIL PARENTS TO PARTICIPATE IN AMEINU HABONIM DROR FOR GROWN-UPS

Dear Galil Parents and Grandparents,

Welcome to the Camp Galil Parent Community! On behalf of the Board of Directors, let me thank you for sending your child to Habonim Dror Camp Galil. You are doing a mitzvah for your child, for sure. But the mitzvah doesn't stop there. We have more - much more - to offer you as Galil parents. In fact, we can offer you Habonim Dror for grown-ups, as well.

Habonim Dror Camp Galil is owned and operated by the Philadelphia Labor Zionist community - a community with roots in both Israel and the United States. As Galil parents, you are welcome into that community and will be invited to participate in its activities. Your "front door" to the Philadelphia Labor Zionist community is the Philadelphia branch of Ameinu (www.ameinu.net).

Our Philadelphia branch of Ameinu runs periodic activities for the social and cultural enjoyment of the membership. We've hosted speakers such as JJ Goldberg, editor of *The Forward* and author of "Jewish Power", Dr. Ephraim Sneh, a leader of Israel's Labor Party and key player in the Israeli government, and Muki Tzur, popular past Chair of the Israel Kibbutz Movement. We celebrate occasional Jewish holidays together.

Ameinu runs specialized missions to Israel each winter break in cooperation with the Habonim Dror Central Office, emphasizing what your children will be doing in Israel when they participate in the Movement's Israel programs.

In addition to group activities, our Philadelphia branch of Ameinu is represented at such key local Jewish agencies as the Federation, Jewish Community Relations Council, the Partnership 2000 Committee and the Hillel Advisory Boards at local universities. We want Ameinu's point of view to be represented within the Philadelphia Jewish communal leadership and we want to be sure that the community supports our youth movement, Habonim Dror.

The Philadelphia Ameinu community is also an active partner in the National and World Labor Zionist Movement, whose programs and benefits will also be available to you as Galil parents. In addition to its unique Israel trips, Ameinu will offer you stimulating online communities such as the forums on the Ameinu website and Habonet, a freeform listserv extension of camp for alumni and parents. Ameinu also gives you political representation in the decision-making bodies of American and World Jewry, special connections to Labor Zionists in Israel and to every Jewish community around the world.

If you have any questions about Ameinu or Labor Zionism and what it can do for you please contact me at chaversteve@mac.com.

So as you prepare your child for a very special summer at Galil, be aware that you can join them on their exciting journey and take advantage of all that the Philadelphia Ameinu community has to offer.

Steve Weinberg
Camp Galil Board of Directors

IVRIT.....HEBREW.....עברית

At machaneh (camp) you will find that we use a lot of Hebrew to designate the various places in camp and the names of the various activities during the day. In addition, we use it to ask for things at meals, to make announcements, and for cheers and songs. But all of this, though it may seem strange at first, will become very natural in just a few days, believe it or not! The words are very easy to learn because we use them all the time. Here are a few words you might want to practice before camp: (The letters CH are pronounced as in Chanukah.)

machaneh	camp.....	מחנה	chadar ochel	dining hall.....	חדר אוכל
shichva	age group.....	שכבה	mitbach	kitchen.....	מטבח
chanich/ah	camper.....	הניד/חניכה	moadon	club.....	מועדון
madrich/ah	counselor.....	מדריך/מדריכה	sherutim (bik)	bathroom.....	שרותים
madatz	CIT / junior counselor.....	מד"צ	toren	flag pole.....	תורן
rosh	head.....	ראש	merakez / rakaz	coordinator.....	רכז/ מרקוזת
shaliach(a)	Israel representative...	שליח	mazkirut	directors.....	מזכירות
peula	activity/program.....	פעולה	ramkol	loud speaker...	רמקול
tochnit	program.....	תוכנית	tzrif	bunk.....	צריף
kima	wake up time.....	קימה	ohel	tent.....	אוהל
hitkansut boker	morning gathering / flag raising.....	התכנסות בוקר	marpe'ah (marp)	infirmary.....	מרפאה
hitkansut erev	evening gathering / flag lowering.....	התכנסות ערב	ivrit shimushi	useful Hebrew..	עברית שימושית
avoda	work.....	עבודה	haverim	friends.....	חברים
anaf	work group.....	ענף	boker tov	good morning..	בוקר טוב
nikayon	cleanliness.....	נקיון	lailah tov	good night	לילה טוב
acharey zeh	after this.....	אחרי זה	glida	ice cream.....	גלידה
pish (peulat shichvah)	age group programs....	פעולת שכבה-פיש	mischak hashavua	weekly game...	משחק השועה
hafsaka	break / recess.....	הפסקה	achshav	now!.....	עכשיו
zman	time.....	זמן	na lavo l	please come to..	נע לבוא
achlah	great / awesome.....	אחלה	sof	the end.....	סוף
ivrit	Hebrew	עברית	kvisah	laundry.....	כביסה
menucha	rest.....	מנוחה	lo shomim!	can't hear!.....	לא שומעים
kvutza	group.....	קבוצה	mishpachot	families.....	משפחות
schiya chofshit	free swim.....	שחיה חופשית	vaad	committee.....	ועד
schiya limudit	instructional swim.....	שחיה לימודית	medura	bonfire.....	מדורה
brecha	swimming pool.....	בריכה	hafta'ah	surprise.....	הפתעה
kibud	snack.....	כיבוד	kupa	shared things (collective fund).....	קופה
chugim	interest groups.....	חוגים	shituf	sharing/collective.....	שיתוף
shira	singing.....	שירה	toranut	duty (kitchen)..	תורנות
rikud	dancing.....	ריקוד	malechet yad	arts & crafts...	תמלכדי
hoda'ot	announcements.....	הודעות	misrad	office.....	משרד
chofesh	free time.....	חופש	ibadeti	I lost	איבדתי
tochnit erev	evening program.....	תוכנית ערב	asefa	meeting	אסיפה
aruchat boker	breakfast.....	ארוחת בוקר			
aruchat tzohrayim ...	lunch.....	ארוחת צהריים			
aruchat erev	dinner	ארוחת ערב			

DIRECTIONS TO CAMP GALIL

From Philadelphia and South

- Get to Exit 343 of the PA Turnpike (U.S. 611 just north of Willow Grove)
- Take Rte. 611 North 8 miles until the entrance to Doylestown bypass
- Use the Doylestown bypass (stay on 611 North)
- Continue North on 611 about 6 miles more after the Doylestown bypass ends
- At Junction of Rte. 113, turn right (not left which would be onto 113)
- Travel 200 yards to dead end – turn right
- Travel 50 yards to dead end – turn left
- Travel 2 miles to the third dead end – turn left
- Travel ½ mile to the entrance to Camp Galil on the right.
- Cross bridge and park in lot on your right.

From New York and New Jersey

- Leave New York Holland Tunnel or Lincoln Tunnel. New Jersey Turnpike to Exit 14 (Holland Tunnel Turnpike extension brings you right there)
- Take Interstate I-78 West about 45 miles to Exit 15 (Pittstown)
- Take County Route 513 South (left turn at the bottom of the exit ramp)
- Follow Rt. 513 South for about 11 miles down to Frenchtown on the Delaware River. Requires an unanticipated right turn in Pittstown, about 4 miles from the I-78 exit 15 interchange. Rt. 513 South turns right in Pittstown.
- Stay on Rt. 513 South to Frenchtown.
- Continue through Frenchtown following the Main Street to the bridge over the Delaware River.
- Cross the river into Pennsylvania at Frenchtown.
- Turn left onto River Road (Route 32) and go about 2 miles south (pass Tinicum State Park) to the intersection with Headquarters Road. (right turn only)
- Turn right onto Headquarters Rd. and go about 1/4 mile over the canal.
- Turn left following Headquarters Rd. Follow Headquarters Road for 5 miles through countryside.
- After about 5 miles - still on Headquarters Road - the road makes a sharp 90 degree right turn, then almost immediately a sharp 90 degree left turn over a narrow bridge. Cross the bridge. Ahead is a left turn you must make in front of a lovely stone farmhouse sitting up on a hill.
- Turn left here onto Red Hill Road. **Camp Galil** is less than 1 mile on the left. Large signs mark the entrance.
- Cross bridge and park in lot on your right.

Please check a map before you leave to familiarize yourself with the route.

CAMP GALIL PHONE NUMBERS

- Associate Director/Parent Liaison Bart Davis (610) 847-8330
- Executive Director Sharon Waimberg (610) 847-2213
- Shlichah Adi Inbar (610) 847-2001
- Mirpa'ah (Infirmary) Nursing Staff (610) 847-8332

Address your camper's mail as follows:

CAMPER'S NAME - AGE GROUP
CAMP GALIL
146 RED HILL ROAD
OTTSVILLE, PA 18942

E-MAIL TO CAMPERS & UPDATES FROM CAMP!

Please refer to the Bunk1.com letter for information about this exciting internet service.

We are pleased to announce that, once again, you may support Camp Galil through the United Way of Southeastern Pennsylvania's Donor Choice Program.

Please consider supporting Camp Galil with part/all of your United Way gift for 2008. To designate Camp Galil, write our name and Donor choice number in the space on your United Way Donor Card.

Camp Galil UWSEPA Donor choice #15404

Thank you for caring and sharing with Camp Galil!

